

Older Adults Skills Training: *Virtual core training plus topical supplements*

Participants will develop and/or refine skills in the following areas:

RESPONDING TO MENTAL HEALTH ISSUES

1. Redefine perspectives
2. Intervene to reduce suicide risk
3. Deal effectively with anxiety
4. Use a trauma informed approach

UNDERSTANDING SUBSTANCE USE AND MEDICATION MISUSE

1. Identify signs of substance use
2. Match drug to effect
3. Communicate concerns about use
4. Help make an informed decision
5. Set and own goals

NAVIGATING DEMENTIA AND TRAUMATIC BRAIN INJURY (TBI)

1. Identify early signs of dementia
2. Differentiate Dementia from Delirium
3. Be more helpful with TBI
4. Minimize the impact
5. Communicate concerns

MANAGING AGGRESSION

1. Communicate with purpose I – verbal
2. Use of Distraction
3. Establish safe negotiation zones
4. Communicate with purpose II – non-verbal
5. Intervene effectively

PARTNERING IN CARE

1. Think like a partner
2. Understand core needs
3. Develop a self-care plan
4. Engage like a partner

Completion of the Core Skills training and all five 2-hour supplements through the Beacon Institute earns the *Engage with™* Advanced Certification, which meets CMS Phase II and III requirements for Behavioral Health.

** Requires completion of the 4-hr Core Skills training prior to taking any or all of the available supplements.*



Supplement Training Dates COMING SOON!

Engage with™

SKILLS TRAINING PROGRAMS

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