



BEHAVIORAL HEALTH, TRAUMA INFORMED APPROACHES AND PASRR

ARE YOU READY FOR NOVEMBER 28, 2019?



DATE & LOCATION

June 18, 2019

9:00 am – 4:15 pm

Handelman Conference Center

7090 Samuel Morse Dr.

STE #400

Columbia, Maryland

Registration & breakfast begin at 8:30 am. Doors open at 8:15 am

TARGET AUDIENCE

- DON / ADON / Nursing Staff
- Administrators
- Social Workers

CEU — 6.25

- Administrators
- Social Workers

FEES

- LifeSpan Members — \$165
- Nonmembers — \$265

PROGRAM

New federal regulations have added requirements that facility leaders ensure competency-based training and skill sets for all staff members providing care to residents with behavioral health conditions, whose needs are identified through the facility assessment, resident assessments, and care planning process. The sessions will address common behavioral health conditions, including mental illness, substance use disorders, and brain injury, and the impact these conditions have on somatic conditions and physical functioning. Attendees will learn about the impact of trauma, trauma informed approaches, and person-centered interventions non-pharmaceutical interventions that positively impact care for residents with behavioral health conditions, a requirement of federal regulation Phase 3. Additionally, attendees will learn about the Pre-Admission Screening and Resident Review (PASRR) process in Maryland, plans for PASRR reform, and how PASRR can help with compliance with the new federal regulations.

AGENDA

8:30 Scan-in / Breakfast

9:00 - 11:00 AM

- Federal Regulations and T-tags
- Behavioral health conditions and federal requirements
- Requirements related to trauma informed approaches

11:00 - 11:15 AM Break

11:15 AM - 12:15 PM

- Differentiating delirium from dementia
- Using preventive problem-solving to enhance person-centered care planning

12:15 - 12:45 PM Lunch

12:45 - 1:45PM

- Practical, person centered, and trauma informed approaches to service planning
- Intervention for residents with behavioral health conditions

1:45 - 2:45PM

- Supporting individuals with substance use disorders and traumatic brain injury

2:45 - 3:00 PM Break

3:00 - 4:15 PM

- Maryland's PASRR program "as is" and "will be"

4:15 PM Adjourn

OBJECTIVES

1. Describe the requirements of the federal regulations related to behavioral health and trauma informed approaches and the associated F-tags.
2. Identify and understand the symptoms of behavioral health conditions frequently seen in long term care setting.
3. Understand how to incorporate a trauma informed approach into care planning.
4. Identify, describe and differentiate symptoms of delirium and dementia and understand using a preventive
5. problem-solving to enhance person-centered care planning in dementia care.
6. Understand the stages of change and person-centered interventions to address various forms of behaviors.
7. Understand Maryland PASRR requirements as well as the advances made to Maryland's PASRR program that will help facilities comply with the federal regulations

SPEAKERS

- Georgia L Stevens, PhD, APRN, PMHCNS-BC LTC, Health Educator & Care Consultant, Behavioral Health System Baltimore
- Leah M. Killian-Smith, BA, NHA, HSE, RHIA, CIMT, Director of Quality & Government Services, Pathway Health, Inc.
- Anastasia B. Edmonston MS CRC, Coordinator, Traumatic Brain Injury Partner Grant
- Jane Sacco, Chief, Division of Long Term Care Services
- Jay Hensley, RN BC, MCO Nurse Liaison, Beacon Health Options

Continuing Education

This program is approved by the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners of Long Term Care Administrators. This program is approved by the Maryland Board of Social Worker Examiners for Category I continuing education for social workers licensed in Maryland.

Registration Policies

1. Please mail or fax your registration early. Space is filled on a first served basis. Policy and deadlines for registration are the same by fax as by mail.
2. Please enclose a check or complete the credit card registration below. Faxed registrations must include credit card or purchase order information.
3. Registrations and payment must be received no later than five days prior to the workshop.
4. We reserve the right to cancel this program due to insufficient registration.

Cancellation Policy

Refunds, minus a \$25 processing fee per registrant, will be honored if requested in writing five (5) business days prior to the date of the seminar. In the event of emergency, attendees may send substitutions in their places without prior notification.

Inclement Weather Policy

If Howard County Public Schools are closed or opening late due to inclement weather, all seminars are **CANCELLED**. Registrants will be contacted regarding rescheduling arrangements.

DIRECTIONS

**Handelman Conference Center 7090 Samuel Morse Drive, Suite 400
Columbia, MD (Located at rear of Building)**

FROM INTERSTATE 95

Take the MD-175 W EXIT 41, toward Columbia. Merge onto MD-175 W/Rouse Pkwy. Turn slight right onto ramp to merge onto Columbia Gateway Dr. Follow approximately 1.5 miles to a left onto Samuel Morse Dr. *(If you reach Robert Fulton Dr. you've gone too far)*. 7090 is on the right and at the end of Samuel Morse Drive. Turn towards the office building. Follow the signs to go left around the building to the Handelman Conference Center. **The Conference Center is located at the rear of the building.**

FROM ROUTE 32

Take Exit 14 for Broken Land Pkwy. Merge onto Broken Land Pkwy. Turn right onto Snowden River Parkway. Immediately after the light at Oakland Mills Rd. use the right lane to take the ramp onto Robert Fulton Drive. Follow to the end and turn right onto Columbia Gateway Dr. Take the 1st right onto Samuel Morse Dr. *(If you reach Albert Einstein Dr you've gone too far)*. 7090 is on the right and at the end of Samuel Morse Drive. Turn towards the office building. Follow the signs to go left around the building to the Handelman Conference Center. **The Conference Center is located at the rear of the building.**

FROM FREDERICK and points West

Take I-70 E toward Baltimore. Continue on I-70 to merge onto US-29 S/Columbia Pike S via EXIT 87A toward Columbia/Washington. Keep left to take MD-100 E via EXIT 22 toward Glen Burnie. From MD-100 take Exit 3 for Snowden River Parkway. Immediately after the light at Oakland Mills Rd. use the right lane take the ramp to merge onto Robert Fulton Dr. Follow to the end and turn right onto Columbia Gateway Dr. Take the 1st right onto Samuel Morse Dr. *(If you reach Albert Einstein Dr. you've gone too far)*. 7090 is on the right and at the end of Samuel Morse Drive. Turn towards the office building. Follow the signs to go left around the building to the Handelman Conference Center. **The Conference Center is located at the rear of the building.**

Registration Form

Behavior Health, Trauma Informed Approaches and PASRR

June 18, 2019

PLEASE PRINT. Copy this form for multiple registrants. Please register and return by **June 13, 2019**.

Name _____ Title _____

Email (Work) **Required** _____

NH Administrator License # _____ NAB CE Registry ID# _____

Facility Name _____

Facility Address _____

City _____ State _____ Zip _____

Work Phone _____ Fax _____

Fees: LifeSpan Members: **\$165** Non-members **\$265** Total Amount Due \$ _____

Please mail with check payable to: **The Beacon Institute**, 7090 Samuel Morse Drive, STE 400, Columbia, MD 21046
Or fax with credit card information to **410.381.6061**



Name on Card _____ Account No. _____

CVV2 Security Code _____ Expiration Date _____ Signature _____

Credit Card Billing Address _____

Card Holder Email Address _____