

Recently there has been ***an increase in patients readmitting to the hospital*** for Anemia in End Stage Renal Disease.

## MANAGING ANEMIA IN END STAGE RENAL DISEASE

- Consider identifying need for blood transfusion early so it can be arranged as outpatient
  - Increase frequency of CBC
  - Watch for signs / symptoms
    - Dizziness
    - Paleness of skin, inside eyelids, lips, tongue
    - Elevated pulse
    - Shortness of breath
    - Fatigue
    - Sensitivity to Cold
- Consider Nutritional Consult - add iron rich (low protein) foods to diet
- Consider Iron / Vitamin C Supplement
- Consider Epoetin (Procrit or Retacrit) 3x per week or 1x per week in a larger dose after dialysis



*These are general guidelines. Please customize assessments and interventions to the patient's individual care plan and always check with the attending physician.*